



# Massage

## RELAXING (30')

Located on legs or back 40€

## RELAXING (50')

Body massage that relaxes muscles, eliminating tension and stress. 70€

## DECONTRACTING (50')

Body massage to reduce the pain of muscle contractures. 70€

## LYMPHATIC (50')

Very gentle body massage effective for the elimination of liquids. 70€

## AYURVEDA ABHYANGA (60')

Indian massage made with hot essential oils. It benefits circulation, eliminates toxins, softens and brightens the skin, mitigates stress and improves rest. 70€

*\* Massages are offered in the room  
\*\* Massages are done one after the other  
\*\*\* Prior reservation 72 hours before*